

THE PILATES SOURCE®

PRESENTING

THE NEW YORK PILATES STUDIO® AT RHINEBECK PILATES PROFESSIONAL TEACHER TRAINING PROGRAM

THREE WEEKENDS IN 2021 AND 2022

BASIC SYSTEM
OCTOBER 1, 2, 3

INTERMEDIATE SYSTEM
NOVEMBER 12, 13, 14

ADVANCED SYSTEM
JANUARY 7, 8, 9 2022



Sean P. Gallagher, PT - Sean has been practicing Pilates since 1984 and was certified by Romana Krysanowska in 1991 and has been a teacher of teachers for over 20 years.

Elaine Ewing - Elaine has been practicing pilates since 1999 and is certified by Sean Gallagher and The New York Pilates Studio® and is a Pilates Guild® member.

Class limited to 9 participants to ensure high quality training & teacher/student ratio.

Information about joining us for this unique training experience

Please e-mail to Elaine@rhinebeckpilates.com

You can also download the CERTIFICATION INFORMATION PACKET

